



The RECAP Framework

**Fostering Student Engagement, Self-Reflection,
and Formative Assessment in Online Learning**

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Overview

- Introduction to RECAP
- Examples of Implementation
- Planning Guide for Your Course(s)
- Q&A

How can I develop and maintain a connection with my students that supports *engagement, reflection, and metacognition*, and in a way that facilitates regular *formative assessment*?

RECAP Framework

RECAP was developed as a structured approach that was loosely based on the K–W–L teaching model—know, want to know, learned (Ogle, 1986). KWL provides a framework for learning that can be used across content areas to help students become active constructors of meaning (Ogle, 1992) and is a process of providing students with prompts to allow them to activate prior knowledge, set learning goals, and summarize learning. Using the KWL teaching model technique in an online course increases participation and engagement (Steele & Dyer, 2014).

LMS Features We Used

- Discussions
- Rubrics
- Video Embedding

Application

- Weekly RECAP videos
 - Allows for weekly check-ins on student progress and instructor direction/feedback
- Assignment Specific & Instant RECAP
 - Allows for assignment completion and guided reflection with instructor feedback
- Project checkpoints RECAP
 - Provides opportunities for guided reflection and instructor feedback for multi-step projects/projects
- Exam specific RECAP
 - Allows for guided reflection on midterms, quizzes or exams that students complete

General RECAP Framework

- Two Parts:
 - Short instructor video (approximately 5 minutes)
 - Reflective response based on structured prompts

R E C A P

Reflect
on your
week

Explain
what you
learned

Compare
your
work

Act
on
feedback

Plan
for
success

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Weekly RECAP Framework

R: Reflect on your week

Thinking specifically about the learning outcomes and assignments for this past week, what did you learn? Were you successful in following your strategy for success?

E: Explain what you learned

In your own words, summarize what you learned this week.

C: Compare your work to the general feedback

Look at your work compared to the video feedback provided by your instructor.

A: Act on feedback

Create 1-2 specific, concrete action steps you will take to improve your work based on the feedback you received. Feedback is information you received from the instructor as well as your own analysis of your work compared to the model.

P: Plan for success for this week

Based on feedback and your reflection, what will you apply to make this next week a success? What is one specific strategy you will take to make sure you are on track for a successful week?

Assignment RECAP Framework

- Four Parts:
 - You as the instructor identify a reflection checkpoint in a lesson or learning activity
 - You then Create a video with feedback and modeling your expert thinking
 - Students then watch your short instructor video (approximately 5 minutes) going over an expert model of what the proper response should look like
 - Students then craft a reflective response based on structured prompts

Assignment RECAP Framework

R: Reflect on this checkpoint using the guiding prompts below

- Think specifically about the purpose of this benchmark

E: Explain what the checkpoint is

- In your own words, summarize what this benchmark is.

C: Compare your work to the expert model

- Think about where you had an accurate response and where you could improve on the accuracy of your answer

A: Act on the feedback provided in the expert model

- Create 1-2 specific, concrete action steps you will take to accurately identify this checkpoint based on feedback you received. Feedback is information you received from the instructor as well as your own analysis of your work compared to the model.

P: Plan for success for the future

- What is one specific strategy you will take to make sure you are on track for being able to identify this checkpoint in the future?

Do Students Appreciate RECAP? They Do!

- I have taken away that my self-reflection in progressing and accountability is paramount to my confidence. There were weeks when I felt great about the learning I had accomplished and enjoyed writing the RECAP, and weeks where I was rushed and overwhelmed and wrote my RECAPs with a heavy hand.
- The RECAPs were helpful because I noticed that every week I found how important sticking to my block schedule was. I also now know how important it is to look back on past material each week to know if I am understanding and retaining material.
- They helped me come up with a study plan (success strategy) for the week which helped keep me accountable for staying on top of my work.
- I liked the RECAP reflections a lot. Just watching the videos definitely made me feel more engaged with the professor.
- The most beneficial thing about the RECAP reflections was that it was a short, relatively easy assignment. Knowing what to expect and that I could knock it out quickly helped me to avoid procrastinating in this class. Little wins early in the week motivated me to get going on the module before the weekend.
- It is important to be honest about how I am progressing in the course. By doing RECAP each week, I could sit down and really assess where I was and what changes I needed to make to be more successful.
- It helped me when you'd comment on what else students were struggling with it made me feel more connected and confident that I wasn't alone.
- It really helped me take the course one week at a time and not get overwhelmed by the material.
- It did help me in the fact that it made me actively think about what we did the previous week and how it may connect to the weeks ahead.

RECAP Planning Guide

To access the RECAP planning guide template:

bit.ly/RECAP-Guide

RECAP Video Overview

For a Video Overview of this Presentation, please visit:

<https://youtu.be/k4Dn3yQVJiA>

RECAP Template

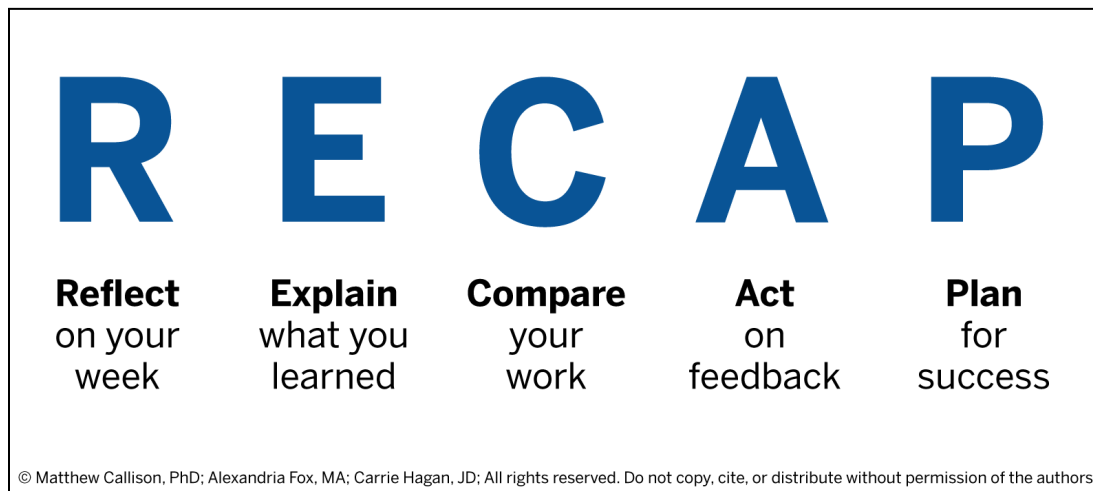
To access a Canvas RECAP template:

bit.ly/recap-form



Thank You

WEEKLY RECAP



For this instructional strategy, faculty review student work from the previous week/module, noting any challenges or common student misunderstandings and successes. Faculty then post a short video summary (5-7 minutes) that addresses anything that they want to call attention to, and in so doing, incorporate their expertise and feedback on students' learning progress. Students are then asked to watch the video and reflect on questions provided by the instructor as a low-stakes graded assignment to ensure full student participation. Should you find that this is a useful tool, creating and embedding these weekly recap videos on the same day each week is helpful to stay on top of feedback and to consistently be able to provide direction and positive reinforcement as needed. For example, posting the video by Monday morning and giving students until Tuesday evening to respond, is an effective weekly routine.

INSTRUCTOR BENEFITS

This technique enables instructors to have a relevant ongoing and engaged weekly check-in, clarify any needed course information, establish an online presence, maintain students' interest and motivation, diminish feelings of isolation and help students persist in the course (Stavredes, 2013).

DIRECTIONS

STEP 1: Select an essential learning outcome you would like to focus your feedback video on. Start with one that students need more clarification or instruction on from the previous week.

STEP 2: Based on the above, identify an assignment related to the learning outcome you selected to review.

STEP 3: Review the assignment. Identify 2-3 common mistakes or opportunities for feedback, including what students are doing well, across all student work.

STEP 4: Reflect on the common mistakes you identified and how you think that they might have occurred. How can you reinforce the things students are doing correctly and how can you redirect student errors? Can you show an example? Can you provide a template to make things clearer? Can you share your expert thinking to guide student learning?

STEP 5: Make a connection between last week’s essential learning outcome and the current week’s essential learning outcome - and by doing this, you are showing the students how their learning is connected and progressing week to week. What are 1-2 points you want students to be aware of as they begin the new week?

STEP 6: Put all of the above ideas together for your video. List a few talking points for your video. This video should be between 4-7 minutes long. Concise and focused videos are the most effective.

STEP 7: Record your video using Google Meet or your preferred recording tool.

STEP 8: Think about how you would like students to reflect on the video. The RECAP framework uses a set of prompts that encourage the students to reflect on their work and identify steps they will take to improve their work going forward. These prompts have been shown to be effective across content areas and grade levels (all the way up to law school courses).

R: Reflect on your week

- Thinking specifically about the learning outcomes and assignments for this past week, what did you learn? Were you successful in following your strategy for success?

E: Explain what you learned

- In your own words, summarize what you learned this past week. Be specific.

C: Compare your work to the general feedback

- Examine your work compared to the video feedback provided by your teacher. Analyze your work and look for strengths and areas in need of improvement. What parts of your work were most accurate based on your teacher's feedback and/or example? What parts of your work need to be strengthened based on your teacher's feedback and/or example?

A: Act on feedback

- Create 1-2 specific, concrete action steps you will take to improve your work based on the feedback you received. Feedback is information you received from your teacher as well as your own analysis of your work compared to the model and information presented. (Were you getting the reading? Were your questions cleared up? Did you notice you struggle with the same information over and over?)

P: Plan for success for this week

- Based on feedback and your reflection, what will you apply to make this next week a success? What is one specific strategy you will take to make sure you are on track for a successful week?

RECAP Prompts found in the RECAP template

For your RECAP reflection, answer the following prompts in no more than a few sentences:

- This past week I learned...
- Based on the feedback and overview of our cases provided in the videos, I noticed...
- Based on how I did this time, next time I will focus on <list 1-2 concrete, specific action steps you will take to improve your work based on the feedback>...
- This week my strategy for success is...

You can, of course, customize the prompts or questions you want students to address after watching your video.

No matter how they respond, you can use student responses as further evidence of what students are still struggling with as they move through the course and as further guidance as what you need to direct them on.

Potential questions for students to address in the Discussion after viewing your video:

1.

2.

3.

STEP 9: Using the RECAP template from Canvas Commons, add your recorded video. If you have created weekly content-specific questions, replace the questions in the table with your questions.